Vancouver metro

KELLY OXFORD
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metroLIFE

Your essential daily news | TUESDAY, MAY 2, 2017

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CREEK CLEANING WILL GET YOU PUMPED

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metroNEWS

THANDI FLETCHER/METRO

Greens could be real kingmakers: Poll

BC*Votes* 2017

Andrew Weaver and company surge despite party's history

David P. Ball
Metro | Vancouver

A new poll shows the surging BC Greens may have the power to tip the scales heading into the final week before the May election.

BC Liberal Leader Christy Clark's party appears to be trailing the B.C. New Democrats by eight per cent, according to a Forum Research survey of 1,067 voters obtained by Metro.

If Forum's predictions are similarly accurate to the 2013 election's, when they came closest of all pollsters, an election now would see the NDP win with 37 per cent popular support and a 47-seat majority. The B.C. Liberals would get 29 per cent of the popular vote and 34 seats.

"This is coming down to a very close election," Forum president Lorne Bozinoff told Metro. "We've got the Liberals behind in all three areas, not just in the Interior but also Vancouver Island and the Lower Mainland."

But the most notable trend for Bozinoff is with the B.C. Green Party, whose leader Andrew Weaver surged in popularity following two televised leader debates. Four out of 10 voters approved of him, while just 17 per cent disapproved — leaping him to a staggering 25-point net approval rating, far better than both other party leaders.

The Greens have reached historic support of 24 per cent provincewide, according to Forum, and an election now would quadruple their current seats in the Legislature.

"The Greens are the wild card in this election," he said. "This whole thing's coming down to, 'What's going to happen with the Green vote?'

"Will it stick at their high level or not, and if it doesn't where is it going to go? Green voters are going to have to make that decision closer to election day."

Forum's poll randomly surveyed 1,067 voters across B.C. using robo-calling. It had a margin of error of three per cent, 19 times out of 20.

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Report questioned for linking liquor reforms to higher prices

ALCOHOL

Liberals dispute NDP-funded project on rising cost of booze

Matt Kieltyka
Metro | Vancouver

The man responsible for the B.C. Liberals' sweeping liquor reforms in 2015 disputes that a new wholesale pricing model for stores has led to double-digit price increases.

New Democratic Party candidate David Eby showed Metro a report he commissioned tracking the prices of 156 randomly selected products at BC Liquor Stores since the reforms were implemented.

Of those products, the report found the average price of beer increased 13.3 per cent, wine 11.6 per cent and spirits 10.7 per cent.

The increases coincide with a 10.2 per cent increase in revenues to government from liquor sales, leading Eby to dub the new pricing model as a hidden "beer tax."

But John Yap, the Liberal candidate for Richmond-Steveston who was the parliamentary secretary for the government's liquor reforms, told Metro on Monday he doesn't believe the report is indicative of all prices at the Liquor Distribution Branch.

Fluctuations in price are likely more indicative of market conditions, Yap believes.

"I believe that overall, on average, prices have been relatively stable. I will remain to be convinced there have been anywhere near that kind of a price increase," Yap said, critiquing the NDP report's methodology.

"On some products it's the same, on some it's gone down and a few have gone up. It really depends on the product, brand and how supply and demand plays out."

Increased revenues are attributed to growing markets, not orchestrated price hikes, he added.

But because the LDB, as a provincial public service, is unable to provide comment on the story during a provincial election campaign, it could not provide Metro with information to back up either Yap or Eby's assertions.

Yap maintains he's proud of the government's record on liquor.

"The liquor policy review that I undertook was intended to modernize our liquor system," he said.

"We had heard from many stakeholders, people in the business wanting to see changes. So we brought out wholesale pricing. After some issues with the changeover from one system to another, it's working well.

"I know (the industry) is in a better place because when I hear from those who are in the production side, or who are in retail or hospitably, what we've done has really reduced red tape, simplified their business practices and allowed them to do more business."

Spirits are sold at a private liquor store in Vancouver. JENNIFER GAUTHIER/METRO FILE

> **I believe that overall, on average, prices have been relatively stable.**
> Liberal candidate John Yap

WORDMARK

Council to vote on ending motion

Wanyee Li
Metro | Vancouver

Vancouver city council will vote on a motion on notice Tuesday that, if passed, would officially cancel the controversial wordmark it approved in February.

The motion also suggests Vancouverites would have a chance to vote for a new wordmark in Fall 2017.

The decision to re-do the city's wordmark is a response to public outcry after the original proposed version was revealed.

Residents mocked the gotham-fonted logo due to its simplicity and $8,000 price tag while local designers signed an open letter that criticized the process used to create the new logo.

> **The public expressed a strong desire to provide feedback on a new wordmark.**
> Mayor Gregor Robertson

Mayor Gregor Robertson's motion summed it up with this statement: "The public expressed a strong desire to provide feedback on a new wordmark."

The new process, if approved Tuesday, will involve both public feedback as well as collaboration with the Graphic Designers of Canada, according to the motion.

A city spokesperson confirmed details for the project, including a budget, will be worked out after council votes on the motion.

metro NEWS

Your essential daily news

Trump's comments about Civil War, Andrew Jackson have historians scratching their heads. **World**

BC Votes 2017

On the campaign trail: with Spencer Chandra Herbert

While B.C. party leaders square off during the final days of the campaign, Metro goes local with three Vancouver candidates. For them, it's a contest fought one voter at a time on street corners, at front doors, in apartment lobbies and at community events. We take a look at the issues important to neighbourhoods and the candidates vying to represent them.

Jen St. Denis METRO

Spencer Chandra Herbert, NDP candidate for Vancouver-West End, speaks to Vera Wells while campaigning. JENNIFER GAUTHIER/METRO

Spencer Chandra Herbert is marshalling his volunteers and gathering up signs, twine and brochures when Metro catches up with the incumbent candidate for Vancouver-West End.

This is the fourth provincial election for the 35-year-old NDP candidate, who was first elected as an MLA in a 2008 byelection. This election, Chandra Herbert is also balancing campaigning with his new role as dad: Chandra Herbert and his husband, Romi Chandra Herbert, welcomed baby Dev this Valentine's Day.

"I live close by so I can duck home for lunch and see him for a little bit," Chandra Herbert said. "I thought elections were stressful, but raising a baby is a whole other level of challenge."

Chandra Herbert said this election also feels different when it comes to the political tone.

"It's feeling incredible," he said. "People are coming up, pulling their cars over — which is new — and getting out just to talk to me and say, and many self-identifying, 'I'm a B.C. Liberal,' or in some cases, 'I'm a Conservative' but you've got my support."

After 16 years, there are signs that voters may be tiring of the centre-right B.C. Liberals. But while Chandra Herbert will likely win his riding, it's not all smooth sailing for his party. The NDP flubbed the 2013 election, which they were predicted to win, and are now facing an unprecedented challenge from the B.C. Green Party.

The West End is one of Canada's densest urban neighbourhoods, and housing affordability is top-of-mind for many of the people Chandra Herbert talks to. More than 80 per cent of its residents rent, and strengthening renters' rights has been a goal for Chandra Herbert ever since he was first elected.

Trevor King has been living in Calgary for the past three years but recently moved back to Vancouver. He has a job in the West End, but finding an apartment has been a challenge.

"I'm frustrated because everything I see … it's like, OK, I might have to not live downtown," King said.

Vera Wells' top issues are home care and a plan to move St. Paul's Hospital to a new site in False Creek Flats. Using her mobility scooter, Wells, 72, is carrying her 78-year-old friend's laundry back to her — a necessity since home-care providers no longer have time to do that chore.

"We lost a lot through Christy Clark," Wells said. "My friend used to get five hours a month (of home care). That's not much."

A West End resident named Trigger wants Chandra Herbert to think about how best to regulate marijuana when it becomes legal. He warns against letting liquor stores sell cannabis.

"A lot of people use cannabis because they have problems with alcohol," Trigger said. "They don't want to go into a liquor store because it's too much of a temptation."

Chandra Herbert became a Vancouver Park Board commissioner in 2005 but was approached to run for the NDP in 2008 by then-leader Carole James. He says the NDP is the party for him because, in contrast to the Greens, "it's a party that's stood up for human rights and for renters and has a broad mandate, not just focused on one issue."

> **People are coming up, pulling their cars over — which is new — and getting out just to talk to me.**
> Spencer Chandra Herbert

The issue that first galvanized him to enter politics was homelessness and renters' rights, and it continues to be his focus.

"In 2008, my first statement in legislature was about the housing crisis, about homelessness and renters," he said. "And my last speech before the last session ended was: stop treating renters like second-class citizens."

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B.C. in position to ride the wave

ENERGY

Province holds huge potential for technology, say experts

Wanyee Li
Metro | Vancouver

A group of scientists say now is the time to invest in wave energy, because B.C. has the potential to become a destination for wave-technology companies around the world.

Wave energy is a renewable electricity source produced by the force of ocean waves.

Researchers from West Coast Wave Initiative (WFWI) in partnership with the Pacific Institute for Climate Solutions (PICS) and the University of Victoria, have mapped the waves off B.C.'s coast at 50-metre resolution using data from the past 12 years. This information could help wave-tech companies who want to test their instruments on different kinds of waves, said Bryson Robertson, program manager at WFWI.

Bryan Robertson, left, program manager at West Coast Wave Initiative, helps launch a WatchMate and TriAXYS wave-measurement buoy near Ucluelet. COURTESY WEST COAST INITIATIVE

"We understand the wave climate off the coast better than anyone else. We run the largest fleet of wave measurement devices specific to marine energy in the entire world," he said.

"If you were at Long Beach on a day in 1998 at 2 o'clock, we could tell you what the wave conditions were."

The waves off B.C.'s coast are also among the strongest in the world, according to the PICS report released Thursday.

That amount of energy potential and data, along with the good fortune of having a varied coastline, means B.C. could attract wave-technology companies from around the world, said Robertson.

"If a company came to B.C. and wanted to test, we could find conditions that would replicate waves in many parts of the world."

His research shows the coastline near Ucluelet is especially suitable for wave-energy development.

But before that can happen, the government needs to create developer-friendly policies, said Robertson.

"At a bare minimum, we need to identify locations that are permitted to set these devices. We need to identify pieces of oceans where developers can go in, test their devices, not compete with other user groups for space."

> **We understand the wave climate off the coast better than anyone else.**
> Bryson Robertson

And while the demand for wave energy is not high right now — B.C. creates a surplus of energy — it could play an important role when the province inevitably needs to rely on renewables, said Robertson.

"When we need to rely on renewables or we need to decarbonize the way we generate electricity, we will have to have a suite of technology," he said.

"Hydro will be one, solar will be one, wind will be one, and our argument is wave is beneficial to the grid."

No one type of renewable energy can support B.C.'s energy needs all year around, he explained.

Waves create the most energy during the winter – think winter storms in Tofino – and that's exactly when solar panels are most ineffective. Wave energy can help balance the province's energy portfolio, he said.

It could also become a more affordable energy source for remote communities along B.C.'s coast that currently rely on shipments of diesel to power generators, said Robertson.

"Because their cost of energy is really expensive right now, there is an easier economic argument to develop. These remote communities will be the first commercial opportunities for these developers to move into."

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Punjabi literary prize extends its net

WRITING

B.C. teens can enter first youth fiction prize for fluent speakers

David P. Ball
Metro | Vancouver

Vancouver businessman and philanthropist Barj Dhahan vividly remembers his Grade 12 creative writing classes at the city's John Oliver Secondary School.

"Every Friday our class would meet in the library," he recalled in a phone interview, "and we'd share our writing from the week with the others.

"There would be comments and critiques, and through that I came to understand the perspectives of other students."

With the Punjabi-speaking population of B.C. numbering nearly 200,000, according to Statistics Canada's most recent 2011 data, it's the most-spoken mother tongue after English in the province.

Hoping to spark an explosion of Punjabi-language writings worldwide, the B.C. resident and co-founder of Canada India Education Society launched an international award in 2013.

But this year, he decided to extent the existing award to Grade 11 and 12 students in B.C. Punjabi-language classes, and the entry deadline is less than one month away.

He hopes the $500 prize will spark a blossoming of creativity and youth writing in English and Punjabi, since students must translate their own work themselves into both languages.

> **Many of these youth were born and raised here, but many come from Punjabi families.**
> Barj Dhahan

"Many of these youth were born and raised here," Dhahan said, "but many come from Punjabi families so they have their own perspectives on school life and Canada. Bilingualism and multilingualism is really the way to go for all Canadian youth in the future ... I thought this would be a good way to encourage youth."

For him, it also has special significance this year as Canada marks 150 years since its own Confederation.

"When youth are encouraged to write in English, French or their mother language, you're supporting a process of self-discovery," he explained, "as well as a sharing of oneself with others whose cultural backgrounds may be very different.

"In this grand multicultural experience that Canada has been going through for the last 150 years, creative writing for youth can be one way of bridging cultural differences, engaging and building greater understanding."

The Dhahan youth prize is open to current Grade 11 and 12 student taking Punjabi language classes in B.C., and is accepting short story submissions until May 31 at www.dhahanprize.com/events/youth.

Barj Dhahan, left, founder of the Dhahan Prize for Punjabi Literature, launches a bilingual creative writing award for Grade 11 and 12 students in B.C. Punjabi language courses, alongside Matheson Secondary Grade 12 student Sargun Kaur. CONTRIBUTED /CHANDRA BODALIA

Dam expensive.

Site C Dam

Site C is projected to cost $8.8 billion, a massive public debt that will take taxpayers and ratepayers 70 years to pay off. BC Hydro is already planning to raise rates 28% over the next five years; Site C costs will be added to that once the dam is operational.

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Source: Hendriks, R., Raphals, P. and K. Bakker (2017) Reassessing the need for Site C. Program on Water Governance, University of British Columbia: Vancouver.

Authorized by the Yellowstone to Yukon Conservation Initiative, registered sponsor under the Election Act, 523 Cedar St. Nelson, BC

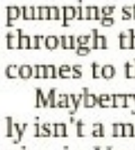
Yellowstone to Yukon Conservation Initiative

PVEA

City seeks end to boat dumping

ENVIRONMENT

False Creek pilot would create mobile pump service



Matt Kieltyka
Metro | Vancouver

If False Creek boaters won't go to the pumping station to get rid of their sewage, the City of Vancouver wants to bring the pumping station to them.

City staff are presenting to council on Tuesday a proposal for a pilot project that would see a mobile pump-out service make the rounds at local marinas and moored vessels to make sure they're not dumping their waste into open waters.

The proposal, along with new bylaw amendments and enforcement measures, comes after years of concern about the amount of E. coli in the water at False Creek and its neighbouring beaches, especially in the heat of summer.

"It's basically a boat with a very large tank in it that would travel around the marinas and the moored boats and would pump directly into that storage tank," said Jennifer Mayberry, the city's manager of environmental services. "Boats then don't need to dock at a pumping station or need to go through that. The pump-out comes to them."

Mayberry said there currently isn't a mobile pump-out service in Vancouver.

A water taxi passes by a marina and downtown condos while travelling on False Creek. THE CANADIAN PRESS

One company tried several years ago but "not with much success," she said, while municipalities in Washington State fund their own mobile services.

"It's something that seems quite common south of the border," said Mayberry.

If approved, the mobile service and an audit to determine which boats are dumping raw sewage in the creek would cost approximately $75,000.

The mobile pump-out service would run until September.

The city has worried about E. coli contamination in local waters for years, but only last year were able to narrow down boaters as the main source of the problem.

"Was it boats? Was it cross-connections from sewers? Urban run-offs from farming? Dog waste?" asked Mayberry.

The city's engineering department undertook a major revamp of sewer cross connections in 2015 and Mayberry said sewer overflows don't typically occur in the summer.

A University of British Columbia researcher, along with the results of a city audit of local marinas and boats, confirmed the vessels are largely to blame.

The city report also notes that — because of Vancouver's unaffordability crisis — more people than even are living on boats.

"All signs seem to point at boats, whether they're at open moorage or at marinas," said Mayberry. "Obviously the intent of this report is to improve sewer management options and the culture around that, as well as our enforcement of the new proposed bylaws."

Currently, existing marinas are not required to have pump-out stations on site while new ones do.

The city wants to change its bylaws to make those services a condition of business license renewals going forward.

Boaters find the services currently available inadequate and not worth the hassle, said Mayberry.

"We did a boater survey in March and the feedback that we got is that the existing facilities are inadequate, whether it's the number of them available or accessibility," said Mayberry. "It seems that people for the most part are aware they're not supposed to be discharging, it's just a matter of it not being easy to do and it's known there is no enforcement of existing regulations."

Swimming in False Creek is not permitted but it is used extensively for recreation like paddling.

When E. coli levels get too high (200 E. coli/100ml for primary recreational uses like swimming and 1,000 for secondary uses) as stipulated by Health Canada, the city must implement swimming closures and advise users to take extra precautions on the water.

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B.C. Liberals say jobs the top election issue

BC Votes 2017

NDP pledges climate action as campaigns enter final stages

The New Democrats started the last full week of British Columbia's election campaign by pushing a climate-change agenda while the Liberals put jobs at the top of their campaign bid to win votes.

NDP Leader John Horgan attended a town hall meeting Monday with members of a climate leadership team the Liberal government had tasked in 2015 to advise them on climate-change recommendations.

Prominent environmentalist Tzeporah Berman, who was a member of the climate-action team, said Monday she is endorsing the NDP because as premier, Liberal Leader Christy Clark didn't follow the panel's recommendations after hailing its work at a climate-change conference in Paris.

Horgan said he would re-establish the team within the first 100 days in office if he wins the election on May 9 and would work to implement 32 recommendations that include an increase in the carbon tax to fight climate change.

He said the NDP would introduce a federally mandated carbon price of $50 a tonne by 2022, but do it over three years, starting in 2020.

"It's going to be a gradual implementation and we're going to make sure that almost 80 per cent of British Columbians will get some form of a rebate so they can have less money out of their pocket than before," he said.

The plan calls for low- and middle-income families to get a rebate cheque intended to mitigate increases in the carbon tax.

Berman said Green party Leader Andrew Weaver's climate-action plan is also strong but that the NDP's agenda is more robust, with initiatives to create jobs in the mining, agriculture and forestry sectors.

"Under Christy Clark, the B.C. Liberals have focused on trying to increase fracked gas and LNG. Now our greenhouse gas emissions are going up."

Berman said she met with Clark after the task force was convened in June 2015 and the Liberal leader seemed serious about implementing climate-change initiatives that would take into account affordability and a strong economy.

However, the plan the party introduced last August will allow climate pollution to increase for the next 10 to 14 years, Berman said.

The carbon tax was launched in 2008 by then-premier Gordon Campbell but Clark froze it when she took office three years later.

The tax sits at $30 per tonne of greenhouse gas emissions though Berman's team had called for a $10 increase starting in 2018.

Clark told a crowd at a Vancouver biotech firm on Monday that the biggest threat facing the province is U.S. President Donald Trump and his anti-trade rhetoric.

When asked by reporters about Berman's claims, Clark said the Liberals accepted many of the panel's recommendations.

"We did not, though, accept the key recommendation in the minds of some of the folks from the environmental movement, which is that we double the carbon tax," she said.

"Is now the time to double the carbon tax, to hike business taxes, to hike personal income taxes, when we are facing a rising tide of protectionism and a tax-cutting government down south of the border? I think it would be disastrous for jobs in our province."

Clark said British Columbia remains a leader on climate change.

"Nobody else in North America is paying a $30-a-tonne carbon tax, nobody," she said. "And we should be very proud of our leadership position. As other people catch up we'll be in a position to rethink that policy. But we are going to freeze it." THE CANADIAN PRESS

Christy Clark said B.C. remains a leader on climate change. JONATHAN HAYWARD/THE CANADIAN PRESS

> **Under Christy Clark, the B.C. Liberals have focused on trying to increase fracked gas and LNG. Now our greenhouse gas emissions are going up.**
> Tzeporah Berman

VANCOUVER ISLAND

Two die after boat sinks

Two Alberta men died when a sport-fishing vessel with five people on board took on water and overturned off the west coast of Vancouver Island, the RCMP said Monday.

The Mounties said the men are 32 and 42 years old, but their names and hometowns haven't been released.

Staff Sgt. Annie Linteau said Tofino RCMP is investigating the capsizing of the 8.4-metre vessel Sunday in waters northwest of Bartlett Island near Tofino, a popular tourist community on the central west coast of Vancouver Island.

"We can confirm right now there were five men on board the vessel when it took on water and capsized," she said. "Other sports vessels in the area rendered assistance in rescuing the people in the water. The Canadian Coast Guard personnel provided life-saving measures."

The Joint Rescue Co-ordination Centre in Victoria said it received a distress call from someone on the boat on Sunday at about 1:20 p.m.

Coast guard rescue boats, a Royal Canadian Air Forces helicopter and a plane from Canadian Forces Base Comox were all dispatched to look for those who were thrown into the water, and a broadcast was put out asking marine vessels in the area to help in the search, Sub-Lt. Melissa Kia said Sunday.

Two commercial float planes also responded to the call for help and one of them spotted the people in the water and directed rescuers to the location, she said.

Tofino Mayor Josie Osborne said the incident has shaken the community of about 1,800 residents.

"Everybody's understandably concerned and a bit shaken up," she said.

"Of course we're a very small and tight-knit community and news travels really fast. There's a lot of concern for the friends and families of the victims and survivors."

Osborne said the fishing boat incident occurred in an area where the whale-watching vessel Leviathan II capsized in October 2015, resulting in six deaths when 27 people were dumped into the water.

The Transportation Safety Board has yet to complete its investigation into the cause of the Leviathan II incident, but investigators said shortly after the tragedy that passengers had been standing on one side of the top deck when a wave hit the opposite side of the vessel. THE CANADIAN PRESS

EARTHQUAKE

Strong quake jolts parts of northwest British Columbia

Dozens of aftershocks rattled parts of southern Yukon and northern British Columbia after a strong earthquake shook the area Monday.

The tremors cut power and closed schools in Whitehorse, but officials said there was no major damage.

Natural Resources Canada reported that the first quake with a magnitude of 6.2 hit at 5:31 a.m. Pacific time.

It was centred in a remote area 77 kilometres northwest of Skagway, Alaska, and 127 kilometres southwest of Whitehorse.

The U.S. Geological Survey website showed that the shaker was followed by many more over the next 90 minutes, including aftershocks with magnitudes of 6.3 and 5.2.

Four hours after the quake, the geological survey had recorded more than 50 temblors, and aftershocks continued to shake the area.

The Yukon government activated its Emergency Co-ordination Centre as the quakes continued.

"What I can tell you is that there have been no reports of damage or injury in Whitehorse," said an official who answered the phone at the Yukon Emergency Measures Organization.

"We are continuing to assess our infrastructure. There are intermittent power failures within Whitehorse. Sir, I have got to go. There is another earthquake happening."

Both the National Weather Service in the U.S. and Emergency Info B.C. said the quakes were not expected to trigger a tsunami.

The tremors knocked out power to about 8,000 people in Whitehorse and closed three schools, but officials said there was no damage to critical infrastructure.

"At this point, we are actually looking pretty good," Richard Graham with the City of Whitehorse said Monday morning.

Yukon Energy spokeswoman Janet Patterson said the first quake knocked out a substation in Whitehorse, but staff have checked equipment at several generating facilities and haven't reported any concerns.

"We lost power because our Whitehorse substation tripped off," she said.

"It tripped off essentially to protect itself ... so that there would not be any significant damage."

Earthquakes over a magnitude of six can cause damage to buildings, even well-built ones, but the shocks appear to have resulted only in minor damage. THE CANADIAN PRESS

Why experts fear another Fort Mac

FORT MAC: ONE YEAR LATER

Governments urged to do more to prevent fires

Fort McMurray Fire Department acting captain Chris Relph stands among the ruins of his Aldergrove Avenue home in May 2016. DAMIAN ASHER/TORSTAR NEWS SERVICE FILE

Experts warn it is only a matter of time before another community in Canada is ravaged by a sudden intense wildfire similar to the one that hit Fort McMurray.

And the insurance industry says governments aren't doing enough to prevent destructive blazes before they happen.

In recent years, other big wildfires have caused extensive damage in Kelowna, B.C., and Slave Lake, Alta., or seriously threatened communities, including La Ronge, Sask., and Timmins, Ont.

"These were not one-offs. It is not a fluke," says Mike Flannigan, a professor of wildland fire at the University of Alberta. "It is going to happen again."

Natural Resources Canada says climate change is expected to result in more frequent forest fires that have severe consequences. The area burned could double by the end of the century compared with recent decades.

Sylvie Gauthier with the Canadian Forest Service says a warming climate has already made forests in much of Canada drier than they used to be. Last spring was one of the driest in the Fort McMurray area in the last 100 years.

As temperatures increase, so will the risk.

"The expectation is it will grow in the coming years," Gauthier says. "For a large portion of the boreal forest the fire season is also projected to be longer."

Another factor is that more people — a major cause of wildfires along with lightning — are choosing to live, work and play in forested areas.

Governments already spend millions of dollars every year to respond to wildfires and help pay for damage.

> **Awareness is critical and at this point it is exceptionally low.**
> Bill Adams

But the Insurance Bureau of Canada says more must be done to prevent fires rather than dealing with the destruction afterwards.

Bill Adams, the bureau's vice-president, says governments are spending more on measures to mitigate the threat, but it isn't enough.

"Awareness is critical and at this point it is exceptionally low," he says. "Unless we have a much higher level of awareness around this risk — and prudent investments and action taken by federal and provincial governments and individual citizens — it is likely that we will have another major damaging fire." THE CANADIAN PRESS

REFUGEES

Guidelines for LGBTQ claims

A Nicaraguan man was refused asylum in Canada because he had not pursued gay relationships. A gay man from St. Kitts was denied because a refugee judge said cops in his home country could've protected him. A Ugandan lesbian refugee was denied because her story was ruled not credible.

Asylum claims based on sexual orientation are hard to verify and validate, as LGBTQ claimants are an invisible minority with no membership or specific physical appearance to prove their identity, presenting a huge challenge for decision-makers at the Immigration and Refugee Board.

That challenge has prompted the board to develop its first-ever guidelines on SOGIE — short for sexual orientation and gender identity and expression — to help decision-makers handle proceedings involving the LGBTQ population.

"Questioning an individual about their SOGIE can feel intrusive and may be difficult for the individual concerned. Questioning should be done in a sensitive, nonconfrontational manner. Open-ended questions should be employed where appropriate," advises the guidelines, released Monday.

"While an individual's experiences and behaviours related to their SOGIE may be expressed in both the private and public spheres, an individual's testimony may, in some cases, be the only evidence of their SOGIE."

Previously, proceedings involving sexual minorities were lumped into the general guidelines in handling what the board described as "vulnerable persons." TORSTAR NEWS SERVICE

Kenny Cooley last year, and showing off his Sacred Clothing line. JEFF HARPER/METRO; CONTRIBUTED

CHARITY

Trans high school footballer gives back with 'hipster' Zeus

Haley Ryan
Metro | Halifax

After toying with shirt designs for years, Kenny Cooley's idea for Sacred Clothing hit him like a lightning bolt.

Cooley, a local high school student, gained international media attention last year for being the first trans player on his Halifax West football team, and recently put out a wish to meet Ellen DeGeneres for his birthday although that hasn't come through yet.

Now at Lockview High School, Cooley said his current co-op placement at a screen printing business, plus the months of support from Haligonians, inspired him to launch a clothing line where part of the proceeds go to a different local charity every month.

"I decided to do this as kind of a way to say thank you, and to give back — and also that's how I was brought up, you treat others the way you'd like to be treated," Cooley said on Monday.

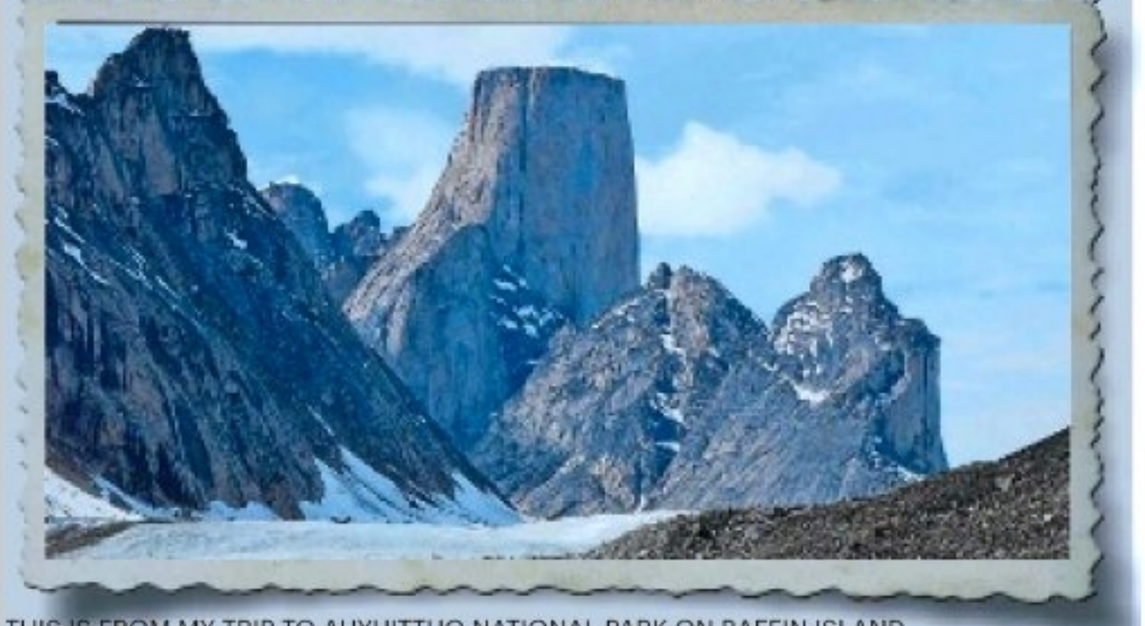
Cooley said he came up with the idea of Zeus with a "hipster" spin a month ago.

"I'm half Greek, and that's where the name Sacred comes from as well," Cooley said about the image depicting the king of the gods, an ancient lightning-bolt-throwing devotional figure the Greeks thought worthy of sacrifices. The Sacred name plays off God as well, Cooley said, and since God "helps people" that's where he got the idea of giving back to charity.

150 WAYS of looking at Canada

POSTCARD NO. 91

AUYUITUG NATIONAL PARK, BAFFIN ISLAND



THIS IS FROM MY TRIP TO AUYUITTUQ NATIONAL PARK ON BAFFIN ISLAND IN JULY 2010. IT IS VERY REMOTE AND FEW PEOPLE VISIT THERE TO SEE THE SPECTACULAR SCENERY AND LOTS OF PRETTY FLOWERS IN THE ARCTIC TUNDRA. YOU HAVE TO BE IN PHYSICAL SHAPE WITH LONG-DISTANCE HIKE WITH HEAVY LOAD ON THE PACK, SEVERAL RIVER CROSSING IN ICY COLD WATER AND THE UNPREDICTABLE WEATHER. **JAMES HASTON**

SEND US YOUR POSTCARD

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

Trump's wall gets blocked

GOVERNMENT

U.S. Congress OKs $1 trillion to keep the country going

Senate Minority Leader Chuck Schumer says the $1 trillion plan funding the government through September is a "good agreement for the American people." THE ASSOCIATED PRESS

Erasing the threat of a disruptive government shutdown, the White House and top lawmakers endorsed a $1.1 trillion spending bill Monday to carry the nation through September, an agreement underscoring that Democrats retain considerable clout in Donald Trump's turbulent presidency.

Negotiators released the 1,665-page bill after Republicans dropped numerous demands on the environment, Obama-era financial regulations and abortion in marathon sessions over the weekend. The bill is slated for a House vote on Wednesday, with a Senate vote ahead of a Friday midnight deadline.

"We thought we had the upper hand because a government shutdown would be on their shoulders, and we made that clear," Senate Minority Leader Chuck Schumer, D-N.Y., said in an interview. "We knew that if we didn't push things too far we could get a good deal that could make us happy and that's what happened."

Trump and the White House had made concessions last week when the president relented on his demand that the measure include a $1.4 billion down payment for his proposed wall along the U.S.-Mexico border. Trump repeatedly insisted during the election campaign that Mexico would pay for the wall, a claim Mexican officials have vigorously rejected.

Congressional Republicans and Democrats ignored Trump's proposal to cut billions of dollars from domestic programs.

Democrats boasted of money for foreign assistance and cash-strapped Puerto Rico while winning funding for favoured programs like transit projects and grants for first responders. They also defied Trump on a bid to punish "sanctuary cities" and on immigration enforcement.

The White House and some top GOP allies declared victory anyway, citing billions of dollars more for the military. Trump won a $15 billion down payment on his request to strengthen the military, though that also fell short of what he requested.

Vice-President Mike Pence told CBS News Monday that the administration "couldn't be more pleased" and called the agreement it a "budget deal that's a bipartisan win for the American people."

House Speaker Paul Ryan, R-Wis., praised the bill as well, saying it "acts on President Trump's commitment to rebuild our military for the 21st century and bolster our nation's border security to protect our homeland."

Longstanding conservative resistance to big spending bills requires the party to seek Democratic votes to pass spending bills despite the Republican majorities both houses of Congress. That made the party out of power a major player in the negotiations. The talks were also spurred by a strong Republican desire to complete unfinished business well into the fiscal year and move on to health care repeal and tax overhaul, both of which are iffy propositions. THE ASSOCIATED PRESS

President gets presidents confused

The U.S. president had a historical question: Why did America's Civil War happen? "Why could that one not have been worked out?"

Remarks by Donald Trump, aired Monday, showed presidential uncertainty about the origin and necessity of the Civil War, a defining event in U.S. history with slavery at its core.

Trump also declared that President Andrew Jackson had been president "a little later, you wouldn't have had the Civil War."

"He was really angry that he saw what was happening with regard to the Civil War. He said, 'There's no reason for this,"' Trump continued.

Jackson died in 1845. The Civil War began in 1861.

Trump, who has at times shown a shaky grasp of U.S. history, questioned why issues couldn't have been settled to prevent the war that followed the secession of 11 Southern states from the Union and brought death to more than 600,000 Americans, North and South.

The Civil War was decades in the making, stemming from disputes between the North and South about slavery. THE ASSOCIATED PRESS

May Day marked by marches

Workers and activists marked May Day around the world Monday with defiant rallies and marches for better pay and working conditions.

1 Turkey — People holding flags run by a screen reading "Happy Mayday, labour and solidarity day, wishing for everybody a happy world" as they clash with Turkish police during a protest march towards Taksim Square to defy a ban as part of the May Day rally, in Istanbul BULENT KILIC/AFP/GETTY IMAGES

2 Philippines — A father carries his daughter on his shoulders as they join protesters in marching towards the Presidential Palace to mark the global celebration of May Day in Manila, Philippines. As in the past years, workers mark the day with calls for higher wages and an end to the so-called "Endo" or contractualization. BULLIT MARQUEZ /AP

3 France — Demonstrators confront police on the annual May Day workers' march in Paris, France. Police dealt with violent scenes in central Paris during the rally held close to the Place de la Bastille, where protesters shouted 'Fascists out!' GETTY IMAGES

4 Venezuela — A demonstrator jumps over a tree trunk set by protesters as a barricade during an opposition May Day march in Caracas, Venezuela. Venezuelans are taking to the streets in duelling anti- and pro-government May Day demonstrations as a protest movement intensifies. IANA CUBILLOS/AP

IN BRIEF

Human rights group condemns Syria over chemical waeapons

New evidence indicates the Syrian government used nerve agents in four chemical weapons attacks since December as part of a broader pattern of chemical weapons use, a human rights group said Monday.

Human Rights Watch said in a report that the "widespread and systematic" attacks on civilians could constitute crimes against humanity. "The government's recent use of nerve agents is a deadly escalation — and part of a clear pattern," said Kenneth Roth, executive director of Human Rights Watch. THE ASSOCIATED PRESS

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PHILOSOPHER CAT by Jason Logan

BLUEPRINT by Sarah-Joyce Battersby/Metro

Solving cities' No. 1 problem

Some of the world's loveliest cities are awash in unwanted ornamentation from public urinators. From rapidly developing urban centres to old cobblestone streets, when this basic human need is overlooked the results can be unsightly and dangerous. Though providing more access to public washrooms seems like the most obvious solution, **here are creative ways cities are taking control of our uncontrollable urges.**

Urinal Planter

To combat what Parisians call "les pipis sauvages" or "wild peeing," an industrial design firm created a combination urinal/planter. It mixes collected pee with hay, which then marinates for a year in the countryside. After it breaks down into compost, it returns to town to fertilize the parks and flower beds of the City of Light.

Outdoor Urinal

Despite $500 fines, the public (and their dogs) pee all over San Francisco. A street lamp was targeted so many times the base corroded and the pole toppled, almost hitting a driver. Now the city has constructed 27 public washrooms, including an open-air urinal in the famed Delores Park, which led to its own problems and complaints.

Urine Repelling Paint

San Francisco is also one of a handful of cities to deploy special paint that repels the stream back onto the source. The California city coated 30 walls with the substance, originally created to waterproof the likes of motors and machinery. In Hamburg's St. Pauli district, the treated walls included signs declaring "We pee back!"

Urine Powered Speakers

A Rio de Janeiro NGO harnessed pee to keep beats pumping, and the streets clean, during Carnival. Working like a hydro dam, urinals used the force of the stream to charge speaker batteries. A more high-tech urine-powered battery is under development with Gates Foundation funding. A version debuted at the 2015 Glastonbury festival.

Shame

Chester, England was founded as a Roman fortress in the first century AD. Now the city is protecting itself from urine with a classically British tactic: shame. Rather than go to court and face fines, pee-petrators can choose to watch CCTV footage of their offending episode, take a heritage awareness course and a walking tour of the damage.

Most of the designs combat a traditionally-male style of public peeing, that is, standing up. The people behind the French planter/urinal are working on a version adapted for women. But, as in many areas, women are often overlooked when it comes to providing public washrooms of any kind.

WORD ON THE STREET by David Hains/Metro

Walk in Jane Jacob's footsteps for a new view on your town

TORSTAR NEWS SERVICE

Jane Jacobs was a journalist with no degree in planning or architecture. Yet she became arguably the most influential figure in city planning because she listened to people who knew the most about their neighbourhoods, in turn seeing cities in new ways.

This spirit informs Jane's Walks, the annual festival of strolls that coincides with her May 4 birthday. Locals lead walks, telling neighbours about something they're passionate about, from local heritage or transit planning to public art or pizza.

Jacobs, who died in 2006, was all about giving power back to local residents. She was firm in her belief that they were more in touch with the pulse of the community than city hall officials. Now she's something of a folk hero to city-loving people around the world (see: "What Would Jane Do?" buttons and T-shirts).

One thing Jane would do is explore. She would hear new ideas, and imagine all the possibilities that cities hold. She would go for a walk.

VANCOUVER | Jane's Walk picks

Pizza walk: If you take pizza very seriously, this is the walk for you. Led by pizza enthusiast Jen Harvey, participants will walk north along Main and sample local pizzerias, which are a part of any vibrant neighbourhood. Friday at 6:30 p.m., Ripples Kitchen and Bath.

It's Always Sunny in Strathcona: A look at the history, architecture, and affordability of Vancouver's first neighbourhood. Saturday at 11:30 a.m., Strathcona Community Centre

Happier Streets: Led by Mitchell Reardon, this walk promises to re-shape how you see public spaces, and how they can make people happy. Saturday at 2:30 p.m., Wall Centre.ve.

Find more at janeswalk.org/canada

PUBLIC WORKS
The week in urbanism

PARK YOUR KEISTER
After a successful trial run in 2016, Hamilton, Ont., has made its pop-up patio program permanent. With a permit, restaurants and pubs can turn parking spots into patios, a plan that 97 per cent of patrons supported.

FIRST LADY OF DESIGN
Michelle Obama is urging architects to look beyond downtowns and work in city fringes, building neighbourhoods for "a family or a child that feels like no one cares." She made the remarks to the American Institute of Architects, her first speech since leaving the White House.

CITY CHAMP Metro's citybuilder of the week

Don Grant is a cycling advocate and consultant who promotes sustainability. Based in Ottawa, he tweets about how to improve bike infrastructure and fight climate change.
@Dongrant18

URBAN DICTIONARY

DEFINITION
A **stroad** combines the features of a street, which encourages strolling to shops and homes, with the wideness of a road, which encourages high speeds.

USE IT IN A SENTENCE
Nahla should abandon her futon on the side of the **stroad** — their shared lack of focus makes them equally useless.

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metro LIFE

Your essential daily news

A $100-million lawsuit has been filed against organizers of the disastrous Fyre music festival

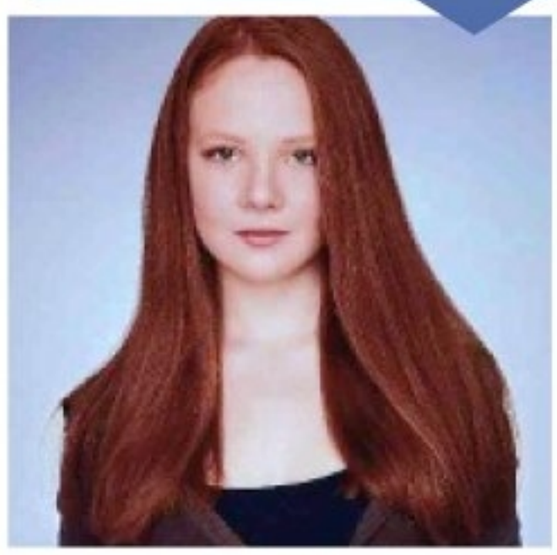
Is 13 Reasons Why just a TV show?

Netflix's popular new series 13 Reasons Why has triggered criticism that it romanticizes suicide. Based on Jay Asher's 2007 young-adult bestseller about a high school student who kills herself and leaves behind 13 audiotapes detailing the events that led to her death, it has sparked warnings from some mental health professionals. Metro asked four teens their reaction to the 13-part series. GENNA BUCK METRO

My friends and I have been talking about the main character, Hannah, in the sense of feeling for her and the things she went through: The fights with other girls, the way guys treat girls and talk about them, the teachers not wanting to talk because they're uncomfortable. (Teen suicide) has happened in our area, and it's not talked about until after. I don't think it shows suicide as vindicating. Hannah's story is over and her life is over.
RILEY SMIRL, 16, GRADE 11, CO-HOST OF TEEN PODCAST STILL BUFFERING

For people suffering from anything the main character is struggling with, it presents suicide as a viable option. A lot of people who are suicidal have a fantasy of, 'People will finally understand if I kill myself.' The show validates that. There's a depiction of sexual assault that's really upsetting. I found the (creator's) defence of it really troubling. He said, 'People need to see how ugly it is.' I don't think people need to see it to have compassion and understand the severity.
GABI KENNIFIC, 18, GRADE 12

The show's portrayal of rape culture brings so much awareness. I have actually seen a reduction in people at my school saying 'She's a slut, a whore, a skank.' To see (these issues) in a form of media that we interact with and we enjoy is really powerful. I think the arguments that it shows suicide as logical are too generalizing. They don't take into account the specific characters. It could be triggering for some, but all sorts of media could provoke that reaction.
LAUREN MARRON, 15, GRADE 9



The events that happened throughout the show were realistic. People really do talk behind your back and spread rumours, and they're mean in their cliques. It wasn't really graphic until episode nine, but if someone has mental health issues, it would be hard to watch for them. I might suggest they didn't. But it wasn't glamorizing suicide. If anything, it was telling people if you're ever feeling that down or low, that you should get help. SHANNON VANDERKOOI, 15, GRADE 10

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Always open, Oxford connects with masses

INTERVIEW

Social media guru gets very personal in her second book

Megan Dolski
life@metronews.ca

Kelly Oxford's honesty and punchy take on the world around her is what made her famous.

The Alberta-raised, California-based social-media star has made her career by being both hilarious and relatable online.

Since making her Twitter profile in 2009, Oxford has amassed 768,000 followers and has another 159,000 on Instagram. She posts openly about awkward moments, politics and her passionate love for McDonald's Filet-O-Fish sandwiches.

The 39-year-old writer, who made headlines last fall when she started the #NotOkay hashtag that led to an outpouring of first-person stories about sexual assault, gets personal in her second book, When You Find Out the World is Against You — and Other Funny Memories About Awful Moments (Harper Collins).

The stories range from her recollection of the night she started #Notokay, to recovering from a poorly-executed D.I.Y. perm at summer camp in Alberta, to the moment she made the connection between anxiety and armpit pain.

"I mostly write for me," said Oxford. "The stories were times where I was provoked by anxiety, times where I was stressed out, and the stories that I remembered the best or that I thought taught me the best lessons."

Dedicated to two of her dearest loves, McDonald's and Oprah, Oxford's second book features 11 anxiety-driven personal essays that leapfrog through different phases of her life, from memories of her childhood and teenage years in Canada to her modern-day life as a high-profile mother of three in the U.S. — sometimes linking the two.

Writing about her younger self came easy, Oxford said, adding she's been told she's a naturally youthful person. When it comes down to it, she says, people don't really change that much as they get older.

WHEN YOU FIND OUT
THE WORLD IS
AGAINST
YOU
And Other Funny
Memories About Awful Moments
KELLY OXFORD
Author of the New York Times bestseller Everything Is Perfect When You're a Liar

The stories were times where I was provoked by anxiety, times where I was stressed out, and the stories that I thought taught me the best lessons.
Kelly Oxford

"I think that stories from your childhood are all fair game when you're dealing with telling stories of a character. I think your psyche is pretty much well-rounded when you are little."

She gives the example of her fear of earthquakes. In the book, she recounts a quest to figure out what her family's plan would be if a massive earthquake suddenly rumbled through Los Angeles.

The roots of that fear, she says, stem from a terrifying childhood experience when she found herself outside in a field during a tornado.

Oxford says she opens up more in print than she ever would feel comfortable doing online.

Still, she has her limits. "I know what lines can't be crossed personally for me and for my kids and the people in my life, so I just try to keep it entertaining, I suppose."

But not everything in the book is lighthearted.

The last essay in the collection, "#NotOkay: The Day My Outrage Went Viral" is relatable like the others, but the memories recalled in this one aren't laughable with hindsight. Oxford gives a first-person account behind the hashtag she started in October 2016 following a leaked video of then-candidate, now-U. S. President Donald Trump talking with former Access Hollywood personality Billy Bush about women, saying that fame allowed him to "grab them by the p—."

At the time, Oxford reacted quickly by tweeting to her hundreds of thousands of followers about the first time she was assaulted, asking others to do the same. Then, pretty quickly, millions of women did.

In her book, Oxford takes readers back to several separate instances when she was assaulted, and shares what was going through her head the first time she watched the Trump video. She writes longer, more detailed accounts of the assaults she had previously summarized and tweeted in less than 140 characters. She also includes some of the responses from women who took her lead and shared their own stories.

That last chapter was written after the book was finished.

GETTY IMAGES

Following the outpouring of response on social media, she asked her editors if she could add it in. "When (hashtag) happened, I thought, 'Oh my God, this fits in so well with everything in the book.'"

The massive and powerful response from that original tweet, her loyal social-media following and this latest collection of shared moments all show Oxford's ability to make connections with people by opening up about her life.

TORSTAR NEWS SERVICE

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JOHANNA SCHNELLER WHAT I'M WATCHING

The point where grief can tip into madness

THE SHOW: The Leftovers, Season 3, Episode 3 (HBO)
THE MOMENT: Grace's story

CONTRIBUTED

Lindsay Duncan plays Grace who confesses to killing a man.

In a delicate, seven-minute scene, Grace (Lindsay Duncan), a preacher's widow living alone in the Australian outback, explains to Kevin Garvey Sr. (Scott Glenn) why she killed a man.

Grace's five children disappeared seven years ago, in The Great Departure (a portion of humanity suddenly vanished). She thought they'd ascended to heaven. Then their remains were discovered, far out on the flats. "I'd never considered searching for them," she says, shattered.

When she found Garvey in the same spot, near death from a snake bite, he was clutching a notebook page. It described how his police chief son, also named Kevin, had drowned and risen again.

Grace knew a police chief named Kevin. She kidnapped and drowned him. "I thought he was testing me," she says. "Once I'd proved my faith, he would let me talk to my children one last time."

"But you're not an angel," she tells Garvey. "And God doesn't care about me. It's just a stupid story." Her voice drops. "I've gone a bit crazy, haven't I?

"No," Garvey says. "You've just got the wrong Kevin."

Between this and The Handmaid's Tale, it's a good week for apocalypse stories. In both, humankind reacts in rich, specific ways to a mysterious global catastrophe. What they're showing us, of course, is how breakable the veneer of civilization is.

The Leftovers is freer and loopier about it — this final season is often quite funny. But its greatness lies in how it zeroes in on one aspect of that veneer: how easily grief can tip into madness.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

RELATIONSHIPS

Twice as hard for single renters

Sofi Paparmarko
life@metronews.ca

A favourite pastime of mine is posting rental listings of beautiful, character-filled apartments in other cities (Pine floors! Crown moulding! A fireplace!) on Facebook, flanked by weeping emojis.

Finding an above-ground apartment in an urban neighbourhood in Montreal, Halifax or even Chicago for under $1,000 a month is a breeze.

In Toronto, it's practically the stuff of fiction. It has also been a fantasy in Vancouver for quite some time.

Things are financially tight for many, but single people — especially single parents — are at a serious disadvantage. The average rental cost of a one-bedroom condo in Toronto is nearly $1,800 per month. Finance gurus suggest spending only 30 per cent of your total income on rent. Sticking to that rule, a single renter would have to be earning upwards of $65,000 a year. According to Statistics Canada, the average annual income for individuals living outside of an economic family (i.e. a single person) in Toronto in 2014 was approximately $40,000 before taxes.

"Young and single tenants face a terrible situation in the city right now," says Geordie Dent, executive director of the Federation of Metro Tenants' Associations. "A low vacancy rate means that people are struggling to find any place to rent, much less an affordable one. It puts them into debt or unsustainable living situations. Many young folks don't know their rights and single folks have few others to lean on for support."

Getting a roommate is often the only realistic option for singles in Toronto, but roommates come with their own unique set of challenges. Especially for people in their 30s, 40s and beyond.

When you don't have a partner with whom to split rent, hydro, Internet and groceries, living expenses can really add up.

Christy Dukitsch, 38, is one of the luckier ones. The senior administrative assistant lives in a (borderline) affordable apartment in a vibrant neighbourhood. Still, she realizes she'd be better off financially were she coupled up.

"Two incomes are usually better than one," she says. "I could manage half of my rent much easier than the full amount I am paying now. Also, many couples own property, and if you play your cards right, a mortgage can be much less than rent."

Considering the white-hot real estate market, buying property as a single person in Toronto today is nearly impossible without a high-paying job and/or substantial family help.

"I will likely never be able to save a down payment and purchase property on my own," Dukitsch says. "I might as well grab a few more cats since I will likely be renting for the long haul," she jokes.

TORSTAR NEWS SERVICE

BY THE NUMBERS

$1,800

The average rental cost of a one-bedroom condo in Toronto per month.

$65,000

How much a single renter would need to be earning to stick to the 30 per cent theory for rental spending.

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metro SPORTS

"That is the best goal I've ever scored": Liverpool's Emre Can who scored on an overhead kick in Monday's 1-0 win at Watford

Caps go after Sid

2017 NHL PLAYOFFS
PENGUINS LEAD SERIES 2-1

Washington seizes moment as series takes nasty turn

Kevin Shattenkirk scored 3:13 into overtime and the Washington Capitals overcame a late collapse in regulation to beat the Pittsburgh Penguins 3-2 on Monday night in Game 3 of the Eastern Conference semifinals.

Washington drew within 2-1 in the series when Shattenkirk's shot from the point zipped by Marc-Andre Fleury's blocker. Game 4 is Wednesday night in Pittsburgh.

Washington appeared to be in control thanks to goals by Nicklas Backstrom and Evgeny Kuznetzov. But the lead vanished in the final two minutes of the third when Evgeni Malkin and Justin Schultz scored in a 48-second span to force overtime.

The Capitals controlled the extra period and avoided a 3-0 hole against the defending Stanley Cup champions.

Braden Holtby stopped 28 shots for Washington after getting pulled in his previous start. Fleury finished with 30 saves for Pittsburgh.

Penguins captain Sidney Crosby left the game in the first period after taking a hit to the head from Capitals defenceman Matt Niskanen.

Sidney Crosby leaves the ice with trainer Chris Stewart after taking a cross-check to the head from the Capitals' Matt Niskanen in the first period on Monday. GREGORY SHAMUS/GETTY IMAGES

GAME 3 In Pittsburgh

3	2

The Penguins were in Washington's end of the ice when Niskanen cross-checked Crosby across the face with his stick. The Cole Harbour superstar was skating by Washington goaltender Braden Holtby when he turned and faced Niskanen.

Niskanen raised his stick and hit Crosby flush. Crosby was on the ice in obvious pain for several minutes before exiting slowly under his own power.

Penguins coach Mike Sullivan said after the game that there was no immediate update on Crosby or forward Conor Sheary, who left the game after colliding with teammate Patric Hornqvist in the second period.

"We don't have any updates on our injured guys. They'll be evaluated overnight and we'll go from there," he said.

Niskanen was given a five-minute major penalty and a 10-minute game misconduct.

Crosby entered the game tied for second in scoring for Pittsburgh with 11 points, including two goals in Pittsburgh's Game 1 victory over Washington. THE ASSOCIATED PRESS

NBA PLAYOFFS

Raps defence does little to stop LeBron

Monday night's game was less than three minutes old when LeBron James threw down a monstrous alley-oop dunk, tossed spectacularly off the backboard by Kyrie Irving.

The showy play set the tone for the night — another Game 1 loss for the Toronto Raptors, and another thrashing in Cleveland.

"Defensively I didn't think we played with the physicality that we had to in this game," said an irked Raptors coach Dwane Casey. "They were well rested, they were moving, flying around almost like half a step quicker than us all night."

James scored 35 points — and clearly was having fun doing so — to lift Cleveland to a 116-105 romp over Toronto in the opening game of the Eastern Conference semifinals on Monday. After drawing a foul on a missed layup, James playfully galloped over to the courtside waitress, and grabbed a beer.

GAME 1 In Cleveland

116	105

Kyle Lowry led the Raptors with 20 points and 11 assists. He said the game turned on Toronto's defensive lapses.

"They get big spurts, and we fight back, and they do another big spurt. We've gotta find ways to limit the spurts," Lowry said. THE CANADIAN PRESS

IN BRIEF

Flames' progress scores GM Treliving an extension

The Calgary Flames have signed general manager Brad Treliving to a multi-year contract extension.

Treliving has served as Flames GM since April 2014 and Calgary has reached the playoffs twice under his tenure, including this season when they were swept by the Anaheim Ducks.

"We are striving to create stability, as all successful teams do," Brian Burke said in a statement. THE CANADIAN PRESS

Jays rack up 3rd straight W

Ryan Goins hit a two-run sacrifice fly, the first in Toronto's 40-year history, to go along with a two-run homer that led Marco Estrada and the Blue Jays over the New York Yankees 7-1 Monday night for their season-high third straight win.

Earlier in the day, the Blue Jays put right-hander Aaron Sanchez (0-1, 4.05 ERA) back on the 10-day disabled list, this time because a split fingernail. THE ASSOCIATED PRESS

GREAT RACE! GREAT PARTY!
GREAT CAUSES!
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Awesome BBQ · Kid's Zone
Cool Race Shirt · Adults' on-site Pub
kid'Smile 6:30PM
5K 6:45PM
10K 7:00PM
Proceeds to JRDF funded research into Type 1 Diabetes and Elementary Track and Field Programs
COME FOR THE RUN, STAY FOR THE PARTY!
FRIDAY, JUNE 16TH @ UBC
BlueShore
LONGEST DAY RACE 2017
Running Room
COMMIT TO FIT
BlueShore

MAKE IT TODAY

Hearty Tuna Niçoise Sandwich

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This hearty picnic sandwich goes to the office just as well as it goes to a park.

Ready In 1 hour
Prep Time: 15 minutes
Chill Time: 45 minutes
Serves: 4

Ingredients
- 3 Tbsp olive oil
- 2 Tbsp white wine vinegar
- 1 Tbsp dijon mustard
- 2 x 5 oz cans of tuna
- 1/4 English cucumber, sliced
- 1 loaf bread
- 1 or 2 Tbsp black olive tapenade
- 3 hard boiled eggs, sliced
- handful fresh basil

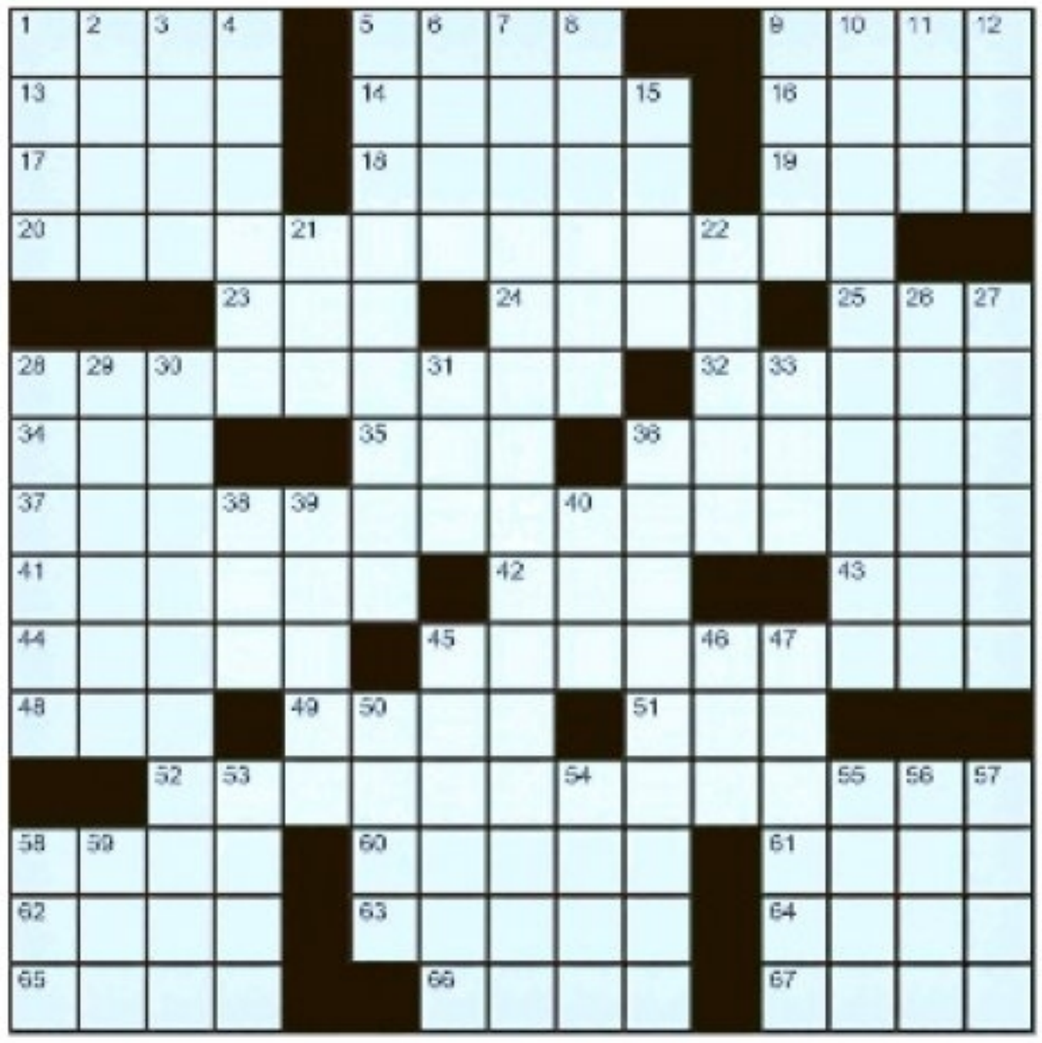
Directions

1. Whisk together oil, vinegar and mustard.
2. Drain tuna and place it in a bowl. Add 2 Tbsp of dressing to tuna and mash with a fork.
3 Toss sliced cucumber in remaining Tbsp of dressing.
4. Cut loaf of bread horizontally and use fingers to pinch out 1 cup of the soft bread inside.
5. Spread a thin layer of tapenade on the bottom of your bread boat, then a layer of basil leaves, a layer of sliced egg, the tuna and then the cucumber. Top with the bread's cap and press down gently. Wrap the whole sandwich in plastic wrap for half an hour or overnight.
6. Cut into slices.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Grand money amts.
5. Barry Manilow's "Could ___ Magic"
9. Glycolic _ (Skin-care ingredient)
13. Botanical angle
14. Ms. Gibbs of "The Jeffersons"
16. Software's test version
17. Nature's icy layer
18. Preamble
19. Ocean swirl
20. Headland on Newfoundland's east coast known for its historic lighthouse built in 1843: 2 wds.
23. Mixed bag [abbr.]
24. Library furniture piece
25. Spinning stat.
28. Historic neighbourhood in Ottawa
32. Free from knots
34. Prefix with 'lateral'
35. Herbal beverage
36. 'Now available on _-_ and DVD'
37. Royal ___ of Canada (Canadian Armed Forces academy in Kingston, Ontario)
41. Gemini's brightest star
42. Mother goddess of Thebes
43. 'Musket' suffix
44. Beneath
45. Tina Turner and Bryan Adams on "It's Only Love"
48. Loaf selection
49. Cow-horned-headdress goddess
51. Speed _.
52. Shipping - Trade - Goods: 2017 marks Montreal's 50th anniversary as one, and it's the only one on the St. Lawrence River: 2 wds.
58. Switchblade
60. Britannica, e.g.
61. Affirm
62. _-de-camp
63. Stiller & _ (Comedy act)
64. The Dalai _
65. Imagine, archaically
66. Glopped-on-a-plate serving
67. Snow-capped sights

DOWN
1. Mr. Anthony
2. Corn lily
3. Droopy
4. Shirt part
5. Tariff on goods coming in from beyond: 2 wds.
6. Mountain lake
7. Hello, Dolly!: 2 wds.
8. Mark Messier's jersey number
9. "Wanna make ___?"
10. Some of the forest's conifers: 2 wds.
11. "Why _ be an honour."
12. 24-hour period
15. 'Friends' in France
21. Exclude
22. Yorick, in Hamlet
26. Posh wristwatch maker
27. "Late Night with Seth _"
28. Kuala _ (Malaysia's largest city)
29. Like those diced bits that go well with garlic in the frying pan
30. Is set to make a ruling: 2 wds.
31. The Who's "Love, Reign _ Me"
33. Void, in Paris
36. Top of a vintage purchase of pop
38. 'Project' suffix
39. Burial shroud city in Italy
40. Showbiz signal
45. Lane and Ladd
46. Target-shooting event, in France
47. Antelope of Africa
50. Tulip 'trunk'
53. Microwave _
54. Singer/songwriter Laura
55. Ring's gemstone shape
56. Big win
57. Poetic contraction
58. Plank cutter
59. "Get galloping!"

✷ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Sidestep arguments with female family members so that you can keep the peace at home, because something will change your routine today. Small appliances might break down.

Taurus April 21 - May 21
This is a restless day for you, because you feel as if nothing is reliable. Change is in the air. Wait to see what's happening before you act.

Gemini May 22 - June 21
Money disputes with a friend or a group might take place today. Keep an eye on your money, because you might lose it. You also might lose or break something you own.

Cancer June 22 - July 23
Relationships with bosses, parents and VIPs are unpredictable today. It's hard to say what will happen. Do not wake the sleeping dragon. Keep a low profile, if possible.

Leo July 24 - Aug. 23
Steer clear of controversial topics like politics, religion and racial issues today, because an argument could erupt. Expect travel plans to be canceled or changed.

Virgo Aug. 24 - Sept. 23
Double-check details regarding shared property, taxes, debt and inheritances today, because something unexpected will affect these areas. You are best prepared by being informed.

Libra Sept. 24 - Oct. 23
Difficulties with a female boss or a parent are likely today, because people feel rebellious. Nobody wants to be told what to do. Unfortunately, that's not always realistic.

Scorpio Oct. 24 - Nov. 22
Travel plans likely will change today. Ditto for plans related to colleges, universities and technical schools. Allow extra time so that you can cope with this.

Sagittarius Nov. 23 - Dec. 21
Stay in touch with your bank account and any arrangements you have regarding inheritances and shared property today, because something might throw you for a loop. Make sure you know what's happening.

Capricorn Dec. 22 - Jan. 20
Relationships with partners and close friends are unpredictable today. Patience will be your best ally when dealing with the unexpected.

Aquarius Jan. 21 - Feb. 19
Your job routine will change today — it's almost certain. Equipment failures, computer crashes, staff shortages and other unexpected events will be an obstacle to your production and efficiency.

Pisces
Feb. 20 - March 20
Parents should be extra vigilant, because this is an accident-prone day for your kids. Sporting events and social occasions will suffer from unexpected changes and delays.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	6	9				1		
2			4					
4			7					9
	1	2			3			
			2			3	7	
7					6			1
					9			2
		3				8	9	

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

5	3	1	8	9	2	4	6	7
6	2	9	7	4	3	1	8	5
8	4	7	5	6	1	3	9	2
1	7	6	3	2	5	9	4	8
2	9	3	4	8	6	7	5	1
4	8	5	9	1	7	2	3	6
7	6	4	1	3	8	5	2	9
9	1	8	2	5	4	6	7	3
3	5	2	6	7	9	8	1	4

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